

Guidelines for Chemo caps- Chemo caps – keep as clean as possible, wash hands prior to working

- Clean – free of perfume, pet hair and smoke
- Soft yarn is best- cotton, acrylic, silk, fleece or a blend is best. Do not use wool or alpaca as they can irritate the scalp.
- Please use patterns that do not have gaps or large holes. A tighter stitch is best so that it covers the scalp.
- Be sure to wash your hands on a regular basis while making the caps.

Homeless hats and scarfs - try to make them gender neutral as they will be distributed in our homeless bags

U tube – great resource for beginners, learn stitches, new patterns, etc.

Follow Deb's Pinterest page for ideas on chemo caps 😊

www.crochet.org Learn drop down- learn to crochet- has videos and **written lessons on stitches for R and L handers.** Learn drop down- Crochet Resources- **Crochet for Charity**

<http://www.crochetforcancer.org> for free chemo hat patterns